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NETWORK NEWS

ST. ANDREW'S September—October 2022

Jay's Say:

In spelling out how the mission of St. Andrew's aligns with that of Braver Angels, our BA team wrote: "Really hearing our political opponents requires humility and self-sacrifice. When we listen to understand rather than to reply, we discover a fallible human creature made in God's image."

Listening was also at the heart of our Vestry retreat as we sought to discern our priorities, and listening will be crucial as we develop specific goals around those priorities. For example, as we seek to strengthen our pastoral care of older people, what are people's needs? Where are the gaps in provision? Aging often involves physical and psychological decline but can be a time of spiritual growth. What wisdom do older people have to offer?

I got training in spiritual direction as a young priest so that I could offer informal counsel to parishioners about their prayer lives. This summer I enjoyed an online retreat with the Jesuit Spirituality Center in Glasgow, Scotland and I'm currently being schooled in "spiritual accompaniment" via Zoom by a trainer from St. Beuno's Retreat House in Wales. Deep listening is the foundation of spiritual direction.

This past week, listening kept coming up! It figures in mission, in pastoral care and in spiritual accompaniment. As something that doesn't come easily to me, I have to work hard at attentive listening.

Like Moses before the burning bush, we are to remove our shoes, because when we listen to the one who speaks, we are on "holy ground" (Exodus 3.5).

$Parish\ Updates$ Baptism

23 July

Hazel Kucera

28 August

Charlotte Deane

Burials

8 July

Stuart William Curtis
Patricia Ann Curtis
16 July

Marjorie Forbes

Celebration of Life

23 July

Nicholas Chester Reynolds







Renate Kannler	1
Bonnie Chappell	2
Sue Eaton	12
Cecilia Kellett	12
Jay MacLeod	12
Theresa Quinn	13
Ellen Yenawine	14
Susie Sanders	15
Jeremy Kellett	16
Kylin Frenkiewich	18
Asher MacLeod	21
Sally Asher	24
Gene Hall	24
Jared Midgett	27
Barbara Tarantino	30
Judy Wheeler	30



Parish Birthdays



Becky Rylander	2
Steve Winter	2
Shelly Boucher	3
Elizabeth Woodley	3
Chuck Ackroyd	5
Peter Boucher	12
Anne Pankow	12
Lea Frey	13
Susan Feyrer	15
Judith Oates	16
Jane Jefferson	18
Aldyn Frenkiewich	19
Judy Brown	20
Shane Boucher	21
Monique Jevne	21
Robert Carroll	22
Sue Greenbaum	27
Patricia Goodwin	29
Kristyn Jamieson	29
Julie Machen	29
Alexander Spina	30
Morris Edwards	31
Patricia Wall	31

United Thank Offering

"As summer ends and we transition to fall, we see the water-melons fade away to fall; pumpkins and the abundance of zucchini become an abundance of butternut squash," writes the staff officer for United Thank Offering, Rev. Cannon Heather Melton. She asks that we take time to practice gratitude as one season ends and the next begins. Please use the UTO blue and white box to give thanks for the blessings each season brings. The ingathering for UTO is during the diocesan convention on 5 November. Please count the change you have placed in the box and write a check for your total gratitude amount to St. Andrew's with UTO in the memo by mid-October so that we can present one UTO gift at the convention. — *Anne Hall, Diocesan UTO Representative*

St. Andrew's and Braver Angels — A Strategic Plan for Common Understanding

"God was in Christ reconciling the world to himself" (2 Cor 5.19). Reconciliation is at the core of our faith, so much so that before approaching the altar on Sunday we are enjoined to make peace with our neighbor (Mt 5.23-24). And bridge-building is part of our Anglican DNA: as Catholics and Protestants became more and more polarized in the wake of the Reformation, the Church of England found a middle way of being both catholic and reformed.

Braver Angels is a national organization that seeks to bridge the partisan divide and strengthen our nation. Because so many Americans no longer see their political opponents as simply wrong or misguided but as enemies to be loathed and defeated at all costs, Braver Angels has developed effective tools to lower polarization, to facilitate the effective exchange of views, and to discover common values and beliefs.

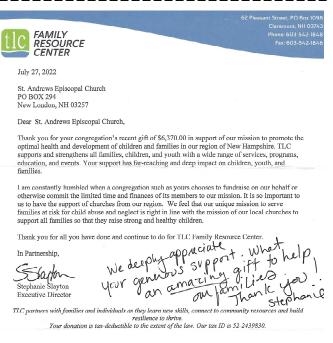
Braver Angels Because our missions align, Saint Andrew's Episcopal Church is partnering with Braver Angels (BA) with these desired outcomes:

- Church members confront their own tendency to dismissively stereotype and learn how to disagree without ridiculing those on the other side of the political aisle;
- Parishioners work to heal the partisan divide in our families, congregation, neighborhood and town;
- St. Andrew's offers BA workshops to the wider community and becomes a force for reconciliation in our region.

Prayer is being attentive to God and always leads to being more attentive to our neighbor. Braver Angels hopes to heal our nation, but engaging in this work also heals our souls. Really hearing our political opponents requires humility and self-sacrifice. When we listen to understand rather than to reply, we discover a fallible human creature made in God's image. We realize that there is no us and them. There is only us.

The Outreach Commission meets in person on the first Thursday of even-numbered months to receive and consider suggestions for our Last Sunday offering. We have agreed that our efforts should be focused on humanitarian needs, both domestic and international; and we welcome suggestions from parishioners. At our meetings we discuss potential recipients and decide who among us will do the required research and the writing.

Committee members are Elizabeth Lowell, Janet Heyl, Christine Kellett, Russ Potter, Tom Rubin, Becky Rylander and Karen Zurheide. Their contact information is in the 2022 St. Andrew's Parish Directory.



TLC Executive Director Stephanie Slayton offers thanks for Last Sunday gift of \$6,370. See also pp. 4-5.

Last Sunday Looks Ahead — **25 September Upper Valley Haven**

I have been volunteering at the food pantry of Upper Valley Haven in White River Junction, Vermont, for about four months. After my first volunteer day, I knew it was a special place. Driving home, I suddenly realized, who knows why, that I had not given meat to one of the people I shopped for. Maybe he didn't ask for any, but I thought he probably had. So when home, I called the Haven and explained. I expected something like: "Well, too bad; these things happen." Instead, he took the man's name, which for some reason I remembered, and said he'd give him a call and tell him he was welcome to come by and pick up some meat. I knew then the focus that the Haven has on those it is there to serve.



The Haven was founded in 1980 by five people from St. Paul's Episcopal Church just next door in White River Junction, and St. James' Episcopal Church in Woodstock, Vermont - initially as a refuge for the homeless. In the years since its founding, it has expanded the type of assistance it provides to those in need in the Upper Valley, and it has attracted wide volunteer support from the Upper Valley community to accomplish this assistance.

The work of The Haven falls broadly into four areas: 1) support for shelter and housing, 2) food support, 3) coordination of

support services, and 4) children's programs. Put another way, with the support of the Upper Valley community, the Haven assists those who are experiencing poverty to be free from hunger, to be securely housed, and to pursue a self-directed life. As we look each week in September at various aspects of the Haven's work, it is important to remember that the Haven seeks not only to meet people's immediate needs but also to support them in their efforts to escape poverty permanently.

The Haven is open 365 days per year and never charges for any of its services. In 2021 over 14,500 people were served. You can find much more information about the Haven on their website at https://uppervalleyhaven.org/ - Russ Potter

Elizabeth Lowell reports learning from Joe Hubbard that Tiny House construction — with assistance from Last Sunday donations — starts next month at St. Christopher's Mission, Bluff. Our group heading there in October will have something to see and share in construction. Joe is SOOOOO grateful and looking forward to our visit.



Last Sunday Looks Ahead — 30 October El Hogar

In October, our Last Sunday recipient will once again be El Hogar, the school in Honduras that is so much more than a school. Our support is needed for the continuing work of El Hogar Ministries to provide an education, a home and a family for approximately 200 Honduran children per year. El Hogar was begun by an Episcopal priest and is a mission of the Episcopal Diocese of Honduras.

Beginning with five homeless boys in 1979, El Hogar has provided love, security and quality education to help poor children realize their potentials to become independent and productive adult citizens. As their website at https://elhogar.org/ says, they are "uplifting children, families, and communities for the future of Honduras."

In the latest "Notes from Honduras" newsletter from the school, Erika Skafel* highlights the partnerships El Hogar has forged in their quest for continuous improvement:

- Villa Olimpica augments sports training.
- Ciudad Mujer, a women's center, provides classes on women's health for the high school girls.
- The local health unit provided COVID-19 vaccinations and collaborates with the internal health team on nutrition and disease-prevention strategies.
- Teachers and staff receive enrichment training from local experts.
- A local video production company helps to tell the story of El Hogar. Stay tuned for the date of a local screening of *Esperanza Hope for Honduras* in late October. We hope you'll plan to be there.

All of this increases the visibility of El Hogar and the work it is doing within Honduras and provides for the students role models of successful adults in Honduras.

For more information on what El Hogar is all about, please explore the website (above). And for an example of a student who is successfully completing her transition from a poverty-stricken child to a productive adult with great artistic talent, be sure you notice the print of Cinthia's poppies now hanging in the hallway at church. Click on the QR code posted below it to view a short video about her life or click here: https://www.youtube.com/watch?v=1WVyF_H7mLc

*Note: Erika Skafel is a young Canadian woman whom Greg Vogt and I had the pleasure of meeting when we visited El Hogar in March 2019. She is in charge of communications and

international relations. — Becky Rylander

Education at El Hogar includes cultural activities such as dancing.



Wardens' Words

As autumn and cooler weather approach, the Rector, your wardens and the entire vestry are engaged in finalizing and putting some flesh on the goals and priorities identified at our vestry retreat in June for St. Andrew's. As noted elsewhere (*see p. 8*), the three categories focus on (a) Christian formation, (b) engaging children and families and (c) pastoral care of older people. We mention this here to stress that if any one (or all) of these themes causes you to think about what you would like to see in their implementation, or how you might assist in achieving them, you are certainly welcome to share your thoughts and feelings with your wardens, other vestry members and/or the Rector.

We are indeed gratified with both the number of new parishioners who have joined St. Andrew's during this last year as well as the response from so many of you who have offered to help with Messy Church, Dodge Drum & Sing, the Thrift Shop, the Phillips Brooks visits and more! The roster of folks who serve as lectors has expanded significantly, indicating that many of you are keen to actively participate in the life of the St. Andrew's community, both in worship and in other aspects of our parish life.

As we move into fall, coffee hour should be making its indoor return (where we will actually serve hot coffee, with light refreshments) in the Parish Hall after the services. This is one area where we could benefit from more volunteers! If you are so inclined, contact the coffee hour coordinators and let them know: Janet Heyl for the 8 AM service and Janet Miller Haines for the 10 AM service. Your fellow congregants thank you in advance!

As always, you are sincerely invited to communicate with your wardens regarding any questions or concerns you might have.

Your Wardens,

Joe Daly and Karen Zurheide

PLANNED GIVING AND THE LEGACY SOCIETY

I don't know who thinks up these things but somebody has designated August as National Make-A -Will Month. I don't think that they intended, having missed August, that we were stuck with not making a will and I hope you will feel free to create your will any time of the year.

Whether you choose to make St. Andrew's Church a beneficiary of some of your estate or not -- and of course we hope you will seriously consider doing so--, the importance of a will can't be underestimated. Those of us who are fortunate enough to be able to leave some of our worldly assets behind should not leave the decision of distribution to others. We control our priorities when living and we should exercise the same control with our legacy.

Our Legacy Society now has seven members. Not a lot, but a start. I suspect that there are others who have included our church as an estate beneficiary but have not yet come forward. If you are in that category, please do so. And if you haven't yet seen fit to create an estate plan, my message is exactly the same as the NIKE slogan of a few years ago: "JUST DO IT!" -- George Jamieson

Calendar of Events

September:

4 (Sunday) - Final 8 AM worship at Old St. Andrew's

9 (Friday) - Dodge, Drum & Sing resumes, 3 PM

11 (Sunday) - Morning worship for both 8 and 10 AM at Gould Road; Reflective Night Prayer at OSA to close the season, 7 PM

17 (Saturday) - Harvest Fair, 9 AM to 2 PM

23 (Friday) - Friendly Kitchen (see below)

25 (Sunday) - Last Sunday, to benefit Upper Valley Haven (see p. 4); Braver Angels "Depolarizing Within" workshop

October:

1 (Saturday) - Blessing of the Animals on New London Town Green, 10 AM

2 (Sunday) - Messy Church, 4-6 PM (see p. 10)

14-22 (Friday-Saturday) - Pilgrimage & service trip to St. Christopher's Mission in Bluff, UT

30 (Sunday) - All Saints' Sunday; Last Sunday, to benefit El Hogar (see p. 5)

Monday to Friday 12 Noon Midday Prayer (Healing Eucharist Thursday) Mondays 6 PM Meditation Tuesdays 10 AM Craft Group

Thursdays 5:30 PM, Cook-Outs on the patio (through 1 September) 7 PM, Choir Rehearsal (in choir room downstairs)

NOTE: We continue to recommend masks and physical distancing regardless of vaccination status for indoor activities. Doors and windows will be open.



Our next visit to the **Friendly** Kitchen is Friday, 23 September. Friendly Kitchen is one of St. Andrew's longest running outreach projects. The kitchen has one

purpose -- to feed the hungry. Everyone is welcome, no questions or qualifications.

Let Janet Heyl know if you would like to help.

When we served a meal in July, we were recognized on Facebook (right)!

Help Re-Stock the KLS **Community Food Pantry**

September: Canned Fruit



October: Large Juice, especially low sugar and 100% juice

Paper towels, toilet paper, coffee (regular, decaf and instant), peanut butter and jelly, cake and brownie mixes and monetary donations are always welcome.





Parish Priorities

Reflecting on our past and present experiences of St. Andrew's and hopes for the future, our Vestry retreat in June produced six prospective areas of focus (with meaningful, engaging worship continuing as a top priority, including regular enhancements and new experiences):

- Christian formation
- Engaging children and younger families
- Pastoral care of older people
- Improving volunteer participation within the parish
- Strengthening relationships among parishioners
- Maturing as a missional church

The core areas of our work and witness have often been described as *liturgy, education, caring for our members, and serving our neighbors near and far*. We reaffirm these four core areas of ministry while identifying as priorities the first three items above. Each vestry member has a working group on which to sit with the rector and one warden having a place on each working group. Groups will begin by reviewing some specific goals in each area that were suggested at the retreat and listed below, recognizing others may emerge in addition or in replacement to those suggested earlier.

As we define goals, we will work to make them SMART: specific, measurable, achievable, resourced and timed. As we do that, it will likely be that we concurrently address two of the other key needs identified at the retreat — *fostering parishioner volunteer participation and deepening fellowship*. And *we will remain committed to maturing as a missional church*, with community engagement, partnerships and outreach offerings.

At this writing, groups -- shown below with chair in bold -- are just getting started with the intention to identify goals quite soon. We are hopeful that by November we are able to create action plans for each group's goal(s) that specify how, what, when and who.

Christian formation - Chuck Thompson, Joe Daly, Mike Quinn, Alice Perry

- ⇒ Foster improved biblical literacy amongst church members
- ⇒ Offer education programs that reach people in and beyond our church community
- ⇒ Develop short course on Christian basics (God 101?) for those new to faith (Messy parents?)

Engaging children and families - Billy Kelly, Karen Zurheide, Lin Potter

 \Rightarrow Build monthly Messy Church congregation

Pastoral care of older people - Claire Pace, Russ Register, Karen Zurheide, Morris Edwards, Nonie Reynders

- ⇒ Listen attentively to discern needs and discover gaps in provision
- ⇒ Renew program of Eucharistic Visitors

Members of the congregation are invited to let us know your interest in any or all of these topics (groups) by sharing your thoughts with any of the people named above. Should you be interested in fuller participation by attending meetings, some of which are on Zoom, please contact the group chair (in bold above) who schedules our meetings. Ultimately, we expect implementing these and any other goals identified will provide opportunities for new leaders to emerge so that work falls less heavily on the same shoulders and will provide opportunities for 8 and 10 o'clockers to befriend each other – but there's no need to wait. Get as involved right now as you like. (*Please also see Wardens' Words, p. 6*)

The *Faith and Issues* reading and discussion group will resume meeting on 10 September from 9:00 -10:30 via Zoom.

Our first book this fall is an Issue book that we'll read over the course of four weeks: *The Constitution of Knowledge - A Defense of Truth* by Jonathan Rauch.

On 8 October we'll begin the next Faith book: *The Promise of Paradox: A Celebration of Contradictions in The Christian Life* by Parker Palmer.

Up-coming readings for Faith and Issues can be found on the St. Andrew's web-site under the Learn tab. Please join us for a particular book or for all of them!

For more information and/or to be added to the group please contact Katrina Wagner. Her email and phone are in the church directory. -- *Katrina Wagner*

Phillips Brooks Partnership

After a two-year, COVID-induced lapse, St. Andrew's was back hosting

groups of Boston youngsters for outdoor adventures. The 10- to 13-year-olds had a chance to swim, picnic, camp, kayak, pick blueberries, visit Muster Field Farm, cook-out, go tubing, eat s'mores, stargaze, summit Sunapee and negotiate a treetop challenge course. Special thanks to Mount Sunapee Resort and Bubba's.

Volunteer Judy Brown offers this anecdote to capture a special moment with one of the visitors: During lunch for the first group of inner-city campers in

July, one of the girls found a butterfly with a torn wing. It couldn't fly and latched onto her finger. Initially afraid of it, she soon became attached to it and wanted to keep it. Eventually she realized that she should release it. I saw her alone over near some bushes and went over to her. We released it together under a bush. After lunch, I

briefly went home planning to return to the lake to help transport the kids to Lake Sunapee. While home, I remembered I had a butterfly book so I grabbed it. Back at the lake, I told the girl I had a book and that she should ride in my car. When we got to Lake Sunapee, she showed me the butterfly she thought might be a picture of hers. I tried to give her the book but she said "No." Looking at me as we parted, she said "I love you." I told her I loved her too and we shared a large hug. It was a brief encounter that day between the two of us but one I will always cherish.















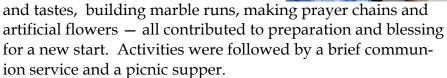






Our Messy Church event on 28 August centered around the theme "Making a Fresh Start" — whether you were heading off to a new school year or heading into a new day in your life.

Watching past errors disappear in a bowl of water, sampling new foods



Our next Messy Church will be Sunday, 2 October. We look forward to new friends and old engaging with us in this next episode of "church but not as you know it."





St. Andrew's Episcopal Church in New London, NH

P.O. Box 294

52 Gould Road.

New London, NH 03257

The Vestry

Wardens

Joe Daly (expires Jan. 2023) Karen Zurheide (expires Jan.

2024)

Vestry Members

Term Expires Jan. 2023

Nonie Reynders Chuck Thompson **Treasurer**

Mike Quinn (expires Jan. 2023)

Term Expires Jan. 2024 Morris Edwards

Alice Perry, Clerk Linda Potter

Term Expires Jan. 2025

Billy Kelly Claire Pace Russ Register

Parish Office

Office 603-526-6344 Fax 603-526-8623

Email office@standrewsnl.org

Rector

The Rev. Jay MacLeod

Director Of Music

William Ögmundson

Dir. of Music for Children and Youth

\ndrew's

Nicole Densmore

Verger

Anne Hall

Parish Administrator

Shelly Boucher

Resident Clergy

The Rev. Lucretia Jevne

The Rev. Canon Jim Ransom

The Rev. Alice Roberts

The Rev. Dr. Kathleen Rusnak

The Rev. Leslie Smith

The Rev. Charlie Tirrell

The Rev. Dr. Katrina Wagner

Western Convocation Delegates

Term Expires Jan. 2023

Pat Goodwin

Karen Shepherd

Term Expires Jan. 2024 Alice Perry, alternate Susan Schweizer, alter-

nate

Term Expires Jan. 2025

JoAnn Hicks Barbara Smith

 ${\color{red}\textbf{Committee Chairpersons}} \ \, {\color{red} Eucharistic\ Ministers}$

Altar Guild Judy Ackroyd

JoAnn Hicks

Buildings & Grounds

Harvey Best

Craft Group Rosie Best Barbara Smith Anne Hall

Finance & Investments

Mike Quinn

Newsletter Alice Perry – Editor

Outreach Becky Rylander

Stewardship

TBA